

**P.G. DIPLOMA IN REHABILITATION PSYCHOLOGY EXAMINATION  
APRIL 2020**

**Rehabilitation Psychology**

**Paper IV—COMMUNITY BASED REHABILITATION**

Time : Three Hours

Maximum : 70 Marks

*Answer all questions.*

*Each question carries 10 marks.*

1. Define and discuss the concept, goals and objectives of Community Based Rehabilitation.

*Or*

Describe the key principles of community based rehabilitation.

2. Elucidate the need and benefits for creating a positive attitude towards Community Based Rehabilitation.

*Or*

Discuss the important provisions included in rehabilitation services.

3. Describe the need for micro and macro income generating opportunities for the disabled as the part of rehabilitation.

*Or*

Narrate the role of rehabilitation professionals as local advocates to persons with disability.

4. Evaluate the efficacy of community initiatives to remove barriers that affect exclusion of disabled persons.

*Or*

Elucidate the need for continued supervision of home based programmes by rehabilitation professionals.

5. Discuss the significance of mobility and daily living skills training to disabled persons.

*Or*

Enumerate the techniques that can be used for raising community awareness regarding disabilities.

6. Briefly describe the important approaches used for empowering disabled community.

*Or*

Discuss the role of local self help groups in the vocational training of disabled persons.

7. Discuss the role of SHGs and other organizations in the empowerment process of disabled persons.

*Or*

Discuss how social mobilization and political participation ensures empowerment of disabled persons.

(7 × 10 = 70 marks)

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Paper III—REHABILITATION ASSESSMENT AND COUNSELING

Time : Three Hours

Maximum : 70 Marks

*Answer all questions.*

*Each question carries 10 marks.*

1. Discuss the need for counseling assessment and explain the assessment based model for decision-making.

*Or*

Explain the different instruments used for the assessment of behavioural functioning.

2. Discuss the procedure to assess the perception of problems and benefits of intervention.

*Or*

Define Rehabilitation counseling and summarize the important theories of counseling.

3. Elucidate the ethical guidelines in the field of counseling.

*Or*

Discuss the role and professional challenges of rehabilitation counselors.

4. Give an account on the perspectives on client centered counseling.

*Or*

Explain the behavior modification techniques used for the management of scholastic problems.

5. Discuss the specific intervention methods used for developing social skills in the disabled persons.

*Or*

Discuss the methods of assessing family functioning along with strengths and resources.

6. Briefly describe the components of vocational counseling.

*Or*

Describe the procedure of counseling during training and job placement processes.

7. Discuss the need and methods of addressing anxiety and mood disorder among the disabled persons.

*Or*

Discuss the importance and procedure of crisis intervention with reference to disabled persons.

(7 × 10 = 70 marks)

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Paper II—PSYCHOSOCIAL ISSUES IN DISABILITY

Time : Three Hours

Maximum : 70 Marks

*Answer all questions.  
Each question carries 10 marks.*

1. Define stress and discuss how stress act as a threat to life and wellbeing among the disabled.

*Or*

Explain the common emotional reactions of disabled persons and the coping strategies.

2. Discuss how invisible disabilities and marginalization affects the self concept and self esteem of disabled persons.

*Or*

Describe the emotional and behavioural disorders of children and adolescents with disability.

3. Discuss the clinical features, causes and treatment of depression in disabled persons.

*Or*

Examine the problems related to marriage and sexual life of persons with disability.

4. Discuss the problems experienced by families having disabled children and adults.

*Or*

Discuss the impact of disability on family and highlight the models of family adaptation.

5. Enumerate the intervention methods to strengthen family support to persons with disabilities.

*Or*

Elucidate the attitude of society towards the disabled persons and strategies to measure such attitudes.

6. Explain the strategies adopted to change the societal attitude towards the disabled members.

*Or*

Elucidate the disabling factors which affects the life of individuals with disability ?

7. Discuss the issues related to career competency and career development among persons with disabilities.

*Or*

Discuss the role of assistive devices in improving ADL.

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Paper I—DISABILITY AND REHABILITATION

Time : Three Hours

Maximum : 70 Marks

*Answer all questions.*

*Each question carries 10 marks.*

1. Define Rehabilitation and elucidate the current trends and challenges in different areas of rehabilitation.

*Or*

Explain the concepts of impairment, disability and handicap with suitable examples.

2. Discuss the need, importance and methods of disability assessment.

*Or*

Explain enabling-disabling process with reference to rehabilitation.

3. Discuss the impact of physical environment on enabling-disabling processes.

*Or*

Describe the psychosocial theories of adjustment.

4. Examine the specific problems of adolescents with regard to rehabilitation.

*Or*

Discuss the strategies to enhance adjustment in persons with disabilities.

5. Discuss the special problems of older adults with disabilities along with adapting strategies.

*Or*

Explain the impact of psychosocial environment on enabling-disabling processes.

6. Describe the educational provisions included in the PWD Act.

*Or*

Examine the role and support of voluntary organizations in the rehabilitation process.

7. Briefly describe the provisions of National Trust Act.

*Or*

Give a brief account on the policies and ethics in rehabilitation.

(7 × 10 = 70 marks)

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